Reinforcement Learning Chapter 5: RL via Policy Gradient

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Policy Gradient Theorem: Point of Departure

Policy Gradient Theorem

For a policy network with non-zero probabilities, the gradient of the average trajectory return is always given by

$$\nabla \mathcal{J}(\pi_{\theta}) = \mathbb{E}_{S \sim d_{\pi_{\theta}}, \mathbf{A}|S \sim \pi_{\theta}} \left\{ q_{\pi_{\theta}}(S, \mathbf{A}) \nabla \log \pi_{\theta}(\mathbf{A}|S) \right\}$$

Policy gradient theorem is the base of

Policy Gradient Methods \equiv PGM

It gives a feasible approach for training a policy network; however, depending on how we use it we can end up with various PGMs

PGMs in Nutshell

Policy Gradient Theorem

For a policy network with non-zero probabilities, the gradient of the average trajectory return is always given by

$$\nabla \mathcal{J}(\pi_{\theta}) = \mathbb{E}_{S \sim d_{\pi_{\theta}}, \mathbf{A}|S \sim \pi_{\theta}} \left\{ q_{\pi_{\theta}}(S, \mathbf{A}) \nabla \log \pi_{\theta}(\mathbf{A}|S) \right\}$$

PGMs can roughly divided into three classes

- **1** Vanilla PGM estimates $q_{\pi_{\theta}}(S, A)$ and $\nabla \log \pi_{\theta}(A|S)$ via sampling
- 2 Baseline PGM that reduces estimation variance by temporal unbiasing trick
- 3 Trust region PGM enables reuse of older samples to improve efficiency
 - → This is what we learn in the next section of this chapter

We are going through them in the same order!

Vanilla PGM: Basic SGD

Vanilla PGM is pretty straightforward: sample environment with a trajectory and train policy network via SGD using result of policy gradient theorem

- Use SGD to update θ in each time, i.e., update as $\theta \leftarrow \theta + \alpha \nabla \mathcal{J}(\pi_{\theta})$
- Compute gradient using policy gradient theorem

$$\nabla \mathcal{J}(\pi_{\theta}) = \mathbb{E}_{S \sim d_{\pi_{\theta}}, \mathbf{A}|S \sim \pi_{\theta}} \left\{ q_{\pi_{\theta}}(S, \mathbf{A}) \nabla \log \pi_{\theta}(\mathbf{A}|S) \right\}$$

Estimate the gradient via individual samples, i.e.,

$$\hat{\nabla} \mathcal{J} (\pi_{\boldsymbol{\theta}}) = Q_t \nabla \log \pi_{\boldsymbol{\theta}} (A_t | S_t)$$

where Q_t is an estimator of action-value at pair (S_t, A_t) in sample

$$S_0, A_0 \xrightarrow{R_1} S_1, A_1 \xrightarrow{R_2} \cdots \xrightarrow{R_{T-1}} S_{T-1}, A_{T-1} \xrightarrow{R_T} S_T$$

Vanilla PGM: Generic Form

VanillaPGM():

- 1: Initiate with θ and learning rate α
- 2: Use a **Q-estimator** QEst()
- 3: while interacting do
- 4: Sample the environment with policy π_{θ}

$$S_0, A_0 \xrightarrow{R_1} S_{t+1}, A_1 \xrightarrow{R_2} \cdots \xrightarrow{R_{T-1}} S_{T-1}, A_{T-1} \xrightarrow{R_T} S_T$$

- 5: **for** t = 0 : T 1 **do**
- 6: Set $Q_t = QEst(S_t, A_t)$
- 7: Update policy network $\theta \leftarrow \theta + \alpha Q_t \nabla \log \pi_{\theta} (A_t | S_t)$
- 8: end for
- 9: end while

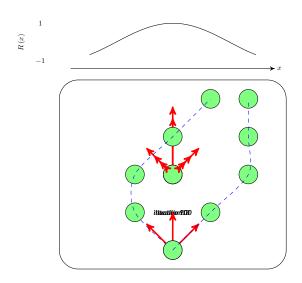
Revisiting REINFORCE

It is easy to see that REINFORCE() is a vanilla PGM: here, we set estimator of action-value to be

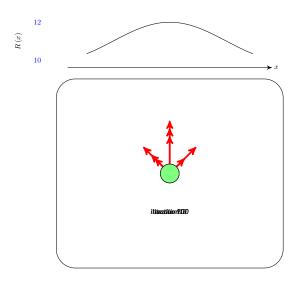
$$Q_t = G_t = \sum_{i=t}^{T-1} \gamma^i R_{i+1}$$

- + But in our initial derivation, we saw derived G_0 instead of G_t !
- Well! If we replace in the policy gradient theorem, we could see that it would be still an estimator if we replace G_t with G_0
- + So, we have many estimators! How can we choose among them?!
- This is what we do in baseline PGM
- + What about using TD to estimate action-values?
- We could do it! But there will be a bit of complications. We will see it soon!

Example: Controlling Moving Particle - Case I



Example: Controlling Moving Particle - Case II



Vanilla PGM: Bias Issue

This is a crucial observation: with a simple shift in value, vanilla PGM slows significantly in convergence!

```
VanillaPGM():
 1: Initiate with \theta and learning rate \alpha
 2: Use a Q-estimator QEst()
 3: while interacting do
 4:
         Sample the environment with policy \pi_{\theta}
                     S_0, A_0 \xrightarrow{R_1} S_{t+1}, A_1 \xrightarrow{R_2} \cdots \xrightarrow{R_{T-1}} S_{T-1}, A_{T-1} \xrightarrow{R_T} S_{T-1}
 5:
        for t = 0 : T - 1 do
 6:
             Set Q_t = QEst(S_t, A_t)
             Update as \theta \leftarrow \theta + \alpha |Q_t| \nabla \log \pi_{\theta} (A_t | S_t) \leftarrow here is the trouble
 8.
         end for
 9: end while
```

Vanilla PGM: Bias Issue

This is a crucial observation: with a simple shift in value, vanilla PGM slows significantly in convergence!

Let's look at this update rule

$$\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} + \alpha \boldsymbol{Q_t} \nabla \log \pi_{\boldsymbol{\theta}} \left(\boldsymbol{A_t} | S_t \right)$$

With larger values, Q_t becomes larger, hence

- if $\nabla \log \pi_{\boldsymbol{\theta}}\left(A_t | S_t \right)$ becomes a small positive
 - $\rightarrow \theta$ increases largely
- if $\nabla \log \pi_{\boldsymbol{\theta}}\left(\mathbf{A_t} | S_t \right)$ becomes a small negative
 - $\rightarrow \theta$ drops largely

We need to have Q_t concentrated around zero

Vanilla PGM: Bias Issue

We need to have Q_t concentrated around zero

- + But, wait a moment! We derived this expression from policy gradient theorem! If we change Q_t to something else, we are deviating from it!
- Well! This is not necessarily true!

Let's try an experiment: in the gradient term given by policy gradient algorithm, we replace the action-value term with a shifted one, i.e., replace $q_{\pi_{\theta}}\left(S, \frac{\pmb{A}}{\pmb{A}}\right)$ with

$$q'_{\pi_{\boldsymbol{\theta}}}(S, \mathbf{A}) = q_{\pi_{\boldsymbol{\theta}}}(S, \mathbf{A}) - u(S)$$

The term $u\left(S\right)$ can change with state, but it is fixed in terms of actions

Unbiasing Policy Gradient

Replacing $q_{\pi_{\theta}}'(S, \mathbf{A})$ into the gradient expression, we have

$$\mathcal{E}(\pi_{\boldsymbol{\theta}}) = \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}, \mathbf{A}|S \sim \pi_{\boldsymbol{\theta}}} \left\{ q'_{\pi_{\boldsymbol{\theta}}}(S, \mathbf{A}) \nabla \log \pi_{\boldsymbol{\theta}}(\mathbf{A}|S) \right\}$$

$$= \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}, \mathbf{A}|S \sim \pi_{\boldsymbol{\theta}}} \left\{ (q_{\pi_{\boldsymbol{\theta}}}(S, \mathbf{A}) - u(S)) \nabla \log \pi_{\boldsymbol{\theta}}(\mathbf{A}|S) \right\}$$

$$= \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}} \left\{ \mathbb{E}_{\pi_{\boldsymbol{\theta}}} \left\{ (q_{\pi_{\boldsymbol{\theta}}}(S, \mathbf{A}) - u(S)) \nabla \log \pi_{\boldsymbol{\theta}}(\mathbf{A}|S) |S \right\} \right\}$$

$$= \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}} \left\{ \mathbb{E}_{\pi_{\boldsymbol{\theta}}} \left\{ q_{\pi_{\boldsymbol{\theta}}}(S, \mathbf{A}) \nabla \log \pi_{\boldsymbol{\theta}}(\mathbf{A}|S) |S \right\} \right\}$$

$$= \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}} \left\{ u(S) \mathbb{E}_{\pi_{\boldsymbol{\theta}}} \left\{ \nabla \log \pi_{\boldsymbol{\theta}}(\mathbf{A}|S) |S \right\} \right\}$$

So, we have

$$\mathcal{E}\left(\pi_{\boldsymbol{\theta}}\right) = \nabla \mathcal{J}\left(\pi_{\boldsymbol{\theta}}\right) - \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}}\left\{u\left(S\right) \mathbb{E}_{\pi_{\boldsymbol{\theta}}}\left\{\nabla \log \pi_{\boldsymbol{\theta}}\left(\boldsymbol{A}|S\right)|S\right\}\right\}$$

To compute the second term, we can use a simple trick

Gradient Averaging Trick

Assume $X \sim p_{\theta}(x)$: X is distributed by a distribution that is parameterized by some θ . We can then write

$$\mathbb{E}_{p_{\theta}} \left\{ \nabla_{\theta} \log p_{\theta} \left(X \right) \right\} = \mathbb{E}_{p_{\theta}} \left\{ \frac{\nabla p_{\theta} \left(X \right)}{p_{\theta} \left(X \right)} \right\} = \int_{x} \frac{\nabla p_{\theta} \left(x \right)}{p_{\theta} \left(x \right)} p_{\theta} \left(x \right)$$
$$= \int_{x} \nabla p_{\theta} \left(x \right) = \nabla \int_{x} p_{\theta} \left(x \right) = \nabla 1 = 0$$

Lemma: Gradient Averaging

For any parameterized distribution $p_{\theta}(x)$, we have

$$\mathbb{E}_{p_{\theta}} \left\{ \nabla_{\theta} \log p_{\theta} \left(X \right) \right\} = 0$$

Unbiasing Policy Gradient

This concludes that

$$\mathcal{E}(\pi_{\theta}) = \nabla \mathcal{J}(\pi_{\theta}) - \mathbb{E}_{S \sim d_{\pi_{\theta}}} \left\{ u(S) \underbrace{\mathbb{E}_{\pi_{\theta}} \left\{ \nabla \log \pi_{\theta} \left(\mathbf{A} | S \right) | S \right\}}_{0} \right\}$$
$$= \nabla \mathcal{J}(\pi_{\theta})$$

In other words: we can add any term that is fixed in terms of actions to our value estimator without any harm to policy gradient theorem

- This fixed term is often called baseline
- It can improve convergence behavior
- It's something to be engineered in general
 - But no worries! We will see an obvious choice shortly ☺

Policy Gradient Theorem with Baseline

Policy Gradient with Baseline

For a policy network with non-zero probabilities, the gradient of the average trajectory return is always given by

$$\nabla \mathcal{J}\left(\pi_{\boldsymbol{\theta}}\right) = \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}, A \mid S \sim \pi_{\boldsymbol{\theta}}} \left\{ \left(q_{\pi_{\boldsymbol{\theta}}}\left(S, A\right) - u\left(S\right)\right) \nabla \log \pi_{\boldsymbol{\theta}}\left(A \mid S\right) \right\}$$
 for any baseline $u\left(\cdot\right)$

Baseline PGM: General Form

```
BaselinePGM():
 1: Initiate with \theta and learning rate \alpha
 2: Use a Q-estimator QEst()
 3: while interacting do
         Sample the environment with policy \pi_{\theta}
 4:
                      S_0.A_0 \xrightarrow{R_1} S_{t+1}.A_1 \xrightarrow{R_2} \cdots \xrightarrow{R_{T-1}} S_{T-1}.A_{T-1} \xrightarrow{R_T} S_T
 5:
        for t = 0 : T - 1 do
 6:
             Set Q_t = QEst(S_t, A_t)
 7:
             Compute baseline estimator B_t = u(S_t)
 8:
             Update policy network \theta \leftarrow \theta + \alpha \left( Q_t - B_t \right) \nabla \log \pi_{\theta} \left( A_t | S_t \right)
 9:
         end for
10 end while
```

Value Function: Obvious Choice of Baseline

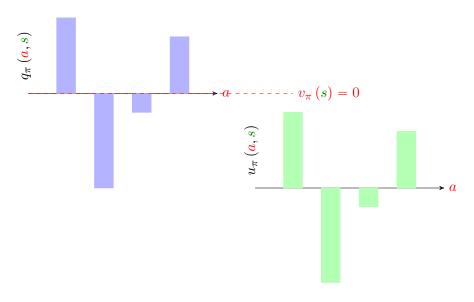
- + What is the obvious choice of baseline?!
- Value function $v_{\pi_{\theta}}(s)$!
- + How is it obvious?!
- In this case, shifted action-value represents the co-called advantage

Advantage

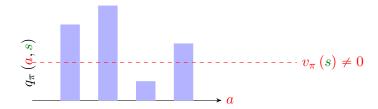
Given policy π , the advantage of action a at state s is defined as

$$u_{\pi}\left(\mathbf{a},s\right) = q_{\pi}\left(\mathbf{a},s\right) - v_{\pi}\left(s\right)$$

Advantage: Visualization



Advantage: Visualization





Advantage at any state concentrates around zero

Baseline PGM: Advantage Optimization

Policy Gradient with Advantage

For a policy network with non-zero probabilities, the gradient of the average trajectory return is also given by

$$\nabla \mathcal{J}\left(\pi_{\boldsymbol{\theta}}\right) = \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}, A \mid S \sim \pi_{\boldsymbol{\theta}}} \left\{ u_{\pi_{\boldsymbol{\theta}}}\left(S, A\right) \nabla \log \pi_{\boldsymbol{\theta}}\left(A \mid S\right) \right\}$$
$$= \mathbb{E}_{S \sim d_{\pi_{\boldsymbol{\theta}}}, A \mid S \sim \pi_{\boldsymbol{\theta}}} \left\{ \left(q_{\pi_{\boldsymbol{\theta}}}\left(S, A\right) - v_{\pi_{\boldsymbol{\theta}}}\left(S\right)\right) \nabla \log \pi_{\boldsymbol{\theta}}\left(A \mid S\right) \right\}$$

- + But how can we find an estimator for advantage?
- If we can estimate action-values, we can obviously use

$$v_{\pi_{\boldsymbol{\theta}}}(s) = \mathbb{E}_{\pi_{\boldsymbol{\theta}}}\left\{q_{\pi_{\boldsymbol{\theta}}}(s, \boldsymbol{A})\right\} = \int_{\boldsymbol{a}} q_{\pi_{\boldsymbol{\theta}}}(s, \boldsymbol{a}) \pi_{\boldsymbol{\theta}}(\boldsymbol{a}|s)$$

Baseline PGM: Advantage Optimization

```
AdvantagePGM():
 1: Initiate with \theta and learning rate \alpha
 2: Use a Q-estimator QEst()
 3: while interacting do
         Sample the environment with policy \pi_{\theta}
 4:
                       S_0, A_0 \xrightarrow{R_1} S_1, A_1 \xrightarrow{R_2} \cdots \xrightarrow{R_{T-1}} S_{T-1}, A_{T-1} \xrightarrow{R_T} S_T
 5:
        for t = 0 : T - 1 do
 6:
             Set Q_t = QEst(S_t, A_t)
             Compute value V_t = \mathbb{E}_{\pi_{\theta}} \{Q_t | S_t\} and sample advantage U_t = Q_t - V_t
 8:
             Update policy network \theta \leftarrow \theta + \alpha U_t \nabla \log \pi_{\theta} (A_t | S_t)
 9:
         end for
10 end while
```

PGM with Temporal Difference Estimate

- + We have only considered Monte Carlo approach to estimate values! Why don't we use TD?!
- Well! If we only work with a policy network, it could be challenging

Say we have a particular sample trajectory that looks at time t as

$$S_t, A_t \xrightarrow{R_{t+1}} S_{t+1}$$

If we use TD-0 to estimate $q_{\pi_{\theta}}(S_t, A_t)$, we would write

$$\hat{q}_{\pi_{\theta}}\left(S_{t}, A_{t}\right) = R_{t+1} + \gamma \hat{v}_{\pi_{\theta}}\left(S_{t+1}\right)$$
where do we set this estimate?

Estimating via TD in PGM: Main Challenge

In value-based RL, we gradually find an estimate for values

- In tabular RL, we make a Q-table and update it
- In deep RL, we train a value network, e.g., a DQN

In pure PGM, we have neither of them!

- + Then what can we do? We cannot always use Monte Carlo! What if the environment is not episodic?
- Well there are three solutions with only one of them working!

Estimating via TD in PGM: Possible Solutions

- 1 We may stick to Monte Carlo approach
- 2 We may try to evaluate the policy in each iteration
- 3 We may train a value network in addition to the policy network
 - → This describe the class of actor-critic methods
 - → An actor who plays with the policy network and update it via PGM
 - → A critic who evaluates the policy with a value network and update it with DQL
 - → We will get to these methods in the next chapter

For now, let's make an idealistic assumption: we assume that we can really evaluate a policy, i.e., given π_{θ} for any θ

we can compute $v_{\pi_{\theta}}(s)$ and $q_{\pi_{\theta}}(s, \mathbf{A})$

We will later get rid of this idealistic assumption by the help of value networks

Estimating via TD in PGM: Idealistic Case

With this assumption, we can rewrite our algorithms in an online form, e.g.,

AdvantagePGM():

- 1: Initiate with θ and learning rate α
- 2: while interacting do
- 3: Sample the environment with policy π_{θ}

$$S_0, A_0 \xrightarrow{R_1} S_1, A_1 \xrightarrow{R_2} \cdots \xrightarrow{R_{T-1}} S_{T-1}, A_{T-1} \xrightarrow{R_T} S_T$$

- 4: for t = 0 : T 1 do
- 5: Compute $q_{\pi_{\mathbf{A}}}(S_t, \mathbf{A_t})$ and $v_{\pi_{\mathbf{A}}}(S_t) = \mathbb{E}_{\pi_{\mathbf{A}}}\{q_{\pi_{\mathbf{A}}}(S_t, \mathbf{A_t})|S_t\}$
- 6: Compute sample advantage $U_t = q_{\pi_{\theta}} (S_t, \mathbf{A_t}) v_{\pi_{\theta}} (S_t)$
- 7: end for
- 8: Update policy network

$$\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} + \alpha \sum_{t=0}^{T-1} U_t \nabla \log \pi_{\boldsymbol{\theta}} \left(\boldsymbol{A_t} | S_t \right)$$

9: end while

TD Error as Advantage Estimator

$$S_t, A_t \xrightarrow{R_{t+1}} S_{t+1}$$

Let's look at the sample advantage: we have

$$U_t = q_{\pi_{\boldsymbol{\theta}}}\left(S_t, \mathbf{A_t}\right) - v_{\pi_{\boldsymbol{\theta}}}\left(S_t\right)$$

Using Bellman's equation, we can write

$$U_{t} = \mathbb{E}\left\{R_{t+1}\right\} + \gamma \mathbb{E}_{\pi_{\boldsymbol{\theta}}}\left\{v_{\pi_{\boldsymbol{\theta}}}\left(S_{t+1}\right) | S_{t}, \mathbf{A}_{t}\right\} - v_{\pi_{\boldsymbol{\theta}}}\left(S_{t}\right)$$

which we can be estimated by

$$\hat{U}_t = R_{t+1} + \gamma v_{\pi_{\theta}} \left(S_{t+1} \right) - v_{\pi_{\theta}} \left(S_t \right)$$

This is the TD-0 error: TD error is an estimator of advantage!

Advantage PGM: Online via TD Estimate

AdvantagePGM():

- 1: Initiate with $oldsymbol{ heta}$ and learning rate lpha
- 2: while interacting do
- 3: Sample the environment with policy π_{θ}

$$S_0, A_0 \xrightarrow{R_1} S_1, A_1 \xrightarrow{R_2} \cdots \xrightarrow{R_{T-1}} S_{T-1}, A_{T-1} \xrightarrow{R_T} S_T$$

- 4: for t = 0 : T 1 do
- 5: Compute sample advantage $U_t = R_{t+1} + \gamma v_{\pi_{\theta}}(S_{t+1}) v_{\pi_{\theta}}(S_t)$
- 6: end for
- 7: Update policy network

$$\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} + \alpha \sum_{t=0}^{T-1} U_t \nabla \log \pi_{\boldsymbol{\theta}} \left(\boldsymbol{A_t} | S_t \right)$$

- 8: end while
- + And, we do not need action-values!
- Right! Value function is enough

Advantage PGM: Online via TD Estimate

Obviously, we can find a more robust estimator via TD-n

AdvantagePGM(n):

- 1: Initiate with θ and learning rate α
- 2: while interacting do
- 3: Sample the environment with policy π_{θ}

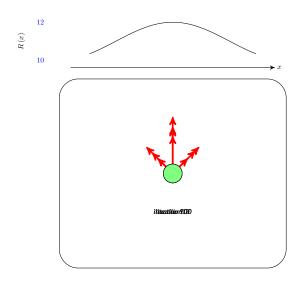
$$S_0, A_0 \xrightarrow{R_1} S_1, A_1 \xrightarrow{R_2} \cdots \xrightarrow{R_{T-1}} S_{T-1}, A_{T-1} \xrightarrow{R_T} S_T$$

- 4: for t = 0 : T n 1 do
- 5: Compute $U_t = \sum_{i=0}^{n} \gamma^i R_{t+i+1} + \gamma^{n+1} v_{\pi_{\theta}} (S_{t+n+1}) v_{\pi_{\theta}} (S_t)$
- 6: end for

$$\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} + \alpha \sum_{t=0}^{T-n-1} U_t \nabla \log \pi_{\boldsymbol{\theta}} \left(\boldsymbol{A_t} | S_t \right)$$

7: end while

Example: Controlling Moving Particle - Case II



Crucial Challenge in PGM: Sample Inefficiency

After implementing AdvantagePGM(), we see: though using baseline, the variance reduces, it still needs long time to converge

the main reason is that PGM is sample inefficient

In all above algorithms

- We sample $S_0, A_0 \xrightarrow{R_1} \cdots \xrightarrow{R_T} S_T$ and use it for update
- We never get back to this sample

This is generally a big challenge in PGMs!

- + Can't we do what we did in DQL?!
- You mean experience reply?!
- + Right! Just keep previous samples in a buffer and reuse them again
- Well! The issue is that those samples were collected by other policies, i.e., π_{θ} for old θ . Through time, we have gone far away from them!

Solution: Trust Region PGM

- + So was it with DQL! How did we get rid of that?!
- We were playing off-policy, so we did not need to have sample with the target policy
- + So, isn't there any way to improve the sample efficiency?
- There is one and we do know it!

The solution to this challenge is to use the idea of importance sampling: recall that if $X \sim p\left(x\right)$ we could write

$$\mathbb{E}_{q}\left\{X\right\} = \int_{x} xq\left(x\right) = \int_{x} x \frac{q\left(x\right)}{p\left(x\right)} p\left(x\right) = \mathbb{E}_{p}\left\{X \frac{q\left(X\right)}{p\left(X\right)}\right\}$$

This leads to PGMs with trust region that we will learn next!